



# 4 WAYS TO ORDER

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Center for Growth & Development  
3277 Fruitville Rd. - 1D • Sarasota, FL 34237  
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## ORDER FORM

Please select the item, noting the quantity and amount, then phone, fax or mail your order to us.  
Indicate choice of materials written in English or Spanish in quantity column.

Qty.		Description	Item Code	Price	Amount
Eng	Spn				
		<b>Nurturing Father's Program Starter Kit - Special Price</b> contains 10 Journals/Workbooks, 1 Facilitator Manual, 1 Posters/PowerPoint CD, 1 Forms CD, 1 Visualizations CD	<b>NFP Starter</b>	<b>\$379</b>	
		<b>Complete Nurturing Father's Program</b> (2 manuals, 20 journals and all materials)	<b>NFP</b>	<b>\$650</b>	
		<b>(FOR RE-ORDERS ONLY)</b> <b>Nurturing Father's Journal (bound)</b>	<b>JOU</b>	<b>\$15</b>	
		<b>Facilitator Manual</b>	<b>FAC</b>	<b>\$89</b>	
		<b>Confidentiality Agreements</b> <b>Program Evaluation Forms</b> <b>Certificates of Achievement</b>	<b>CER</b>	<b>\$59</b>	
		<b>Posters (Set of 11)</b>	<b>POS</b>	<b>\$99</b>	
		<b>Power Point CD (expanded poster set)</b>	<b>POS-CD</b>	<b>\$99</b>	
		<b>Visualizations/Audio CD</b>	<b>VIS</b>	<b>\$29</b>	
			<b>Subtotal</b>		
			<b>FL only, 7% sales tax</b>		
			<b>Shipping &amp; Handling</b>		
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All prices in U.S. currency. Prices subject to change without notice.  
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**For Information About Programs or Training Workshops, call toll-free 1-888-390-1119  
or visit our website at [www.nurturingfathers.com](http://www.nurturingfathers.com)**



***"The supreme test of any civilization is whether or not it can teach men to become good fathers."***

***– Margaret Mead***

# **The Nurturing Father's Program**

## **By Mark Perlman, MA**

***A 13-Week Group-based Curriculum  
for Developing Attitudes and Skills for Male Nurturance***

**NEW!**

## **Starter Kit**

No special training required. Just open the Starter Kit and get started.  
(Facilitator Training is available upon request.) Over 15 Years of PROVEN Success.  
continuous evidence from pre and post data; feedback from fathers (and mothers);  
feedback from facilitators. To learn more, check us out on

[www.nurturingfathers.com](http://www.nurturingfathers.com) • [www.facebook.com/nurturingfathers](https://www.facebook.com/nurturingfathers) • [www.youtube.com/nurturingfathers](https://www.youtube.com/nurturingfathers)

### **Program materials include:**

- A comprehensive Facilitator Manual with step-by-step instructions for guiding group members toward achieving the specific learning objectives developed for each two and one half hour weekly meeting.
- A Nurturing Father's Journal, the interactive workbook containing weekly home activities for each group member to complete in order to enhance his knowledge and growth.
- A set of posters to be used as teaching aids and to make facilitation easier.
- An audio CD with prerecorded, guided visualization activities.
- Confidentiality Agreements, Program Evaluation forms, Certificates of Achievement, CD for printing forms

### **Program activities address:**

- The Roots of Fathering
- Nurturing Our Children and Ourselves
- Fathering Sons/Fathering Daughters
- Discipline
- Without Violence
- Play
- Managing Anger/Resolving Conflict
- Teamwork with Spouse/Partner
- Communication/Problem Solving
- Balancing Work and Fathering
- Cultural Influences
- Dealing with Feelings
- The Father I Choose To Be

### **From Men Who Have Completed This Program:**

*"... a fantastic journey/education into learning healthy fathering."* Married father of a 16-month old

*"...made me realize that by nurturing my children, I grow myself."* Married father of two teenage children

*"I survived my divorce, stayed focused on my children, and took care of myself because of this program..."* Single father of two children

*"...will most definitely make fathers out of men."* Divorced father of 38- and 36-year olds, grandfather of 17-, 12-, 10-, 4-, and 2-year olds

*"Forget all the books, the audio tapes, and what your family and relatives have said and take this course."* Married father of 6- and 9-year olds

*"...will do more for my children and my relationship with them than anything else I could imagine."* Stepfather of 4-, 8-, and 10-year olds

**See reverse side for ordering information**



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