



***"The supreme test of any civilization is whether or not it can teach men to become good fathers."***

**- Margaret Mead**

# **The Nurturing Father's Program**

**by Mark Perlman, MA**

***a 13-Week Group-based Curriculum for  
Developing Attitudes and Skills for Male Nurturance***

## **Program materials include:**

- A comprehensive Facilitator Manual with step-by-step instructions for guiding group members toward achieving the specific learning objectives developed for each two and one half hour weekly meeting.
- A Nurturing Father's Journal, the interactive workbook containing weekly home activities for each group member to complete in order to enhance his knowledge and growth.
- A set of posters to be used as teaching aids and to make facilitation easier.
- An audio CD with prerecorded, guided visualization activities.
- Confidentiality Agreements, Program Evaluation forms, Certificates of Achievement, CD for printing forms

## **Program activities address:**

- The Roots of Fathering
- Nurturing Our Children and Ourselves
- Fathering Sons/Fathering Daughters
- Discipline Without Violence
- Play
- Managing Anger/Resolving Conflict
- Teamwork with Spouse/Partner
- Communication/Problem Solving
- Balancing Work and Fathering
- Cultural Influences
- Dealing with Feelings
- The Father I Choose To Be

## **From Men Who Have Completed This Program:**

***"... a fantastic journey/education into learning healthy fathering."*** Married father of a 16-month old

***"...made me realize that by nurturing my children, I grow myself."*** Married father of two teenage children

***"I survived my divorce, stayed focused on my children, and took care of myself because of this program..."*** Single father of two children

***"...will most definitely make fathers out of men."*** Divorced father of 38- and 36-year olds, grandfather of 17-, 12-, 10-, 4-, and 2-year olds.

***"Forget all the books, the audio tapes, and what your family and relatives have said and take this course."*** Married father of 6- and 9-year olds.

***"...will do more for my children and my relationship with them than anything else I could imagine."*** Stepfather of 4-, 8-, and 10-year olds.

see reverse side for ordering information

# 3 WAYS TO ORDER

**By phone:**  
Toll free  
1-888-390-1119

**FAX  
NUMBER:**  
24 hours  
1-941-953-9552

**ADDRESS:**  
Center for Growth &  
Development  
3277 Fruitville Rd. - 1D  
Sarasota, FL 34237

## ORDER FORM

Please select the item, noting the quantity and amount, then phone, fax or mail your order to us.  
Indicate choice of materials written in English or Spanish in quantity column.

Qty.		Description	Item Code	Price	Amount
Eng	Span	<b>Complete Nurturing Father's Program</b> (2 manuals, 20 journals and all materials)	<b>NFP</b>	<b>\$650</b>	
		<b>FOR RE-ORDERS ONLY:</b> <b>Nurturing Father's Journal (bound)</b>	<b>JOU</b>	<b>\$15</b>	
		<b>Facilitator Manual</b>	<b>FAC</b>	<b>\$89</b>	
		<b>Confidentiality Agreements</b> <b>Program Evaluation Forms</b> <b>Certificates of Achievement</b> <span style="font-size: 2em;">}</span> On CD for copying	<b>CER</b>	<b>\$59</b>	
		<b>Posters (set of 11)</b> <b>PowerPoint CD (expanded poster set)</b>	<b>POS</b> <b>POS-CD</b>	<b>\$99</b> <b>\$99</b>	
		<b>Visualizations/Audio CD</b>	<b>VIS</b>	<b>\$29</b>	
				<b>Subtotal</b>	
				<b>FL only, 7% sales tax</b>	
				<b>Shipping &amp; Handling</b>	
				<b>Total</b>	

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Orders \$15 and under, add \$5.  
Orders \$15-\$100, add \$15.  
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**Foreign Orders:**  
Actual Shipping Cost plus 10% Handling.

**Hawaii, Alaska, Canada:**  
For orders under \$100 add \$20.  
For orders over \$100, add 20%.

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All prices in U.S. currency. Prices subject to change without notice. All orders must include shipping.

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**For Information About Programs or  
Training Workshops, call: toll-free 1-888-390-1119  
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