

# NURTURING FATHER'S PROGRAM

## AGENDA

### Day I

### Introductory NFP Facilitation

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|---------------|---|
| 09:00 – 09:20 | Introductions-my background and experience<br>Participants introductions and expectations                               |
| 09:20 – 9:45  | Video: Elephants<br>Stats: Father absence<br>Divorce/Marriage<br>New passion for Fathering<br>Define "Nurturing Father" |
| 9:45 – 10:30  | Video: Show Your Love<br>How Parenting is Learned / Development of Self   |
| 10:30 – 10:45 | <u>BREAK</u>  |
| 10:45 – 11:15 | The 13 - Week NFP   |
| 11:15 – 12:00 | Men and Feelings<br>Chart: Men's feelings / Women's feelings  |
| 12:00 – 01:00 | <u>LUNCH</u>  |
| 01:00 – 01:30 | Father Play: Fun and Games  |
| 01:30 – 02:00 | Proud Fathers (Michigan): Video   |
| 02:00 – 02:15 | <u>BREAK</u>  |
| 02:15 – 03:00 | Week 5- Fathering without fear or violence  |
| 03:00 – 03:45 | Small Groups: Sons and Daughters<br>Leaving a Legacy: Small Group Summaries   |
| 03:45 – 04:00 | Video: Barber Shop  |