



***"The supreme test of any civilization is whether or not it can teach men to become good fathers."***

**– Margaret Mead**

announcing

# **The Nurturing Father's Program**

**by Mark Perlman, MA**

***a 13-Week Group-based Curriculum for  
Developing Attitudes and Skills for Male Nurturance***

## **Program materials include:**

- a comprehensive Facilitator Manual with step-by-step instructions for guiding group members toward achieving the specific learning objectives developed for each two and one half hour weekly meeting.
- a Nurturing Father's Journal, the interactive workbook containing weekly home activities for each group member to complete in order to enhance his knowledge and growth.
- A set of posters to be used as teaching aids and to make facilitation easier.
- An audio tape with prerecorded, guided visualization activities.
- Confidentiality Agreements, Program Evaluation forms, Certificates of Achievement.

## **Program activities address:**

- The Roots of Fathering
- Nurturing Our Children and Ourselves
- Fathering Sons/Fathering Daughters
- Discipline Without Violence
- Play
- Managing Anger/Resolving Conflict
- Teamwork with Spouse/Partner
- Communication/Problem Solving
- Balancing Work and Fathering
- Cultural Influences
- Dealing with Feelings
- The Father I Choose To Be

## **From Men Who Have Completed This Program:**

***"... a fantastic journey/education into learning healthy fathering."*** Married father of a 16-month old

***"...made me realize that by nurturing my children, I grow myself."*** Married father of two teenage children

***"I survived my divorce, stayed focused on my children, and took care of myself because of this program..."*** Single father of two children

***"...will most definitely make fathers out of men."*** Divorced father of 38- and 36-year olds, grandfather of 17-, 12-, 10-, 4-, and 2-year olds

***"Forget all the books, the audio tapes, and what your family and relatives have said and take this course."*** Married father of 6- and 9-year olds

***"...will do more for my children and my relationship with them than anything else I could imagine."*** Stepfather of 4-, 8-, and 10-year olds

see reverse side for ordering information

# 3 WAYS TO ORDER

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## ORDER FORM

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Qty.		Description	Item Code	Price	Amount
Eng	Span	<b>Complete Nurturing Father's Program</b> (2 manuals, 20 journals and all materials)	<b>NFP</b>	<b>\$595</b>	
		<b>FOR RE-ORDERS ONLY:</b> <b>Nurturing Father's Journal (bound)</b>	<b>JOU</b>	<b>\$15</b>	
		<b>Facilitator Manual</b>	<b>FAC</b>	<b>\$82</b>	
		<b>Confidentiality Agreements</b> <b>Program Evaluation Forms</b> <b>Certificates of Achievement</b> <span style="font-size: 2em;">}</span> Pkg. of 20 ea.	<b>CER</b>	<b>\$39</b>	
		<b>Posters (set of 11)</b> <b>PowerPoint CD (expanded poster set)</b>	<b>POS</b> <b>POS-CD</b>	<b>\$99</b> <b>\$99</b>	
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