

Now Available in English and Spanish



The **MARriage** & **PArenting** Program

MA and PA, as the program is affectionately called, focuses on strengthening the couple relationship (married or unmarried) through a shared exploration of parenting attitudes and skills. This 10-week curriculum utilizes some of the most effective approaches from The Nurturing Father's Program to create a series of couple's dialogues. With the addition of new relationship building activities, spouses/partners learn about themselves and each other, while creating a shared vision for family life. The weekly group experiential activities, and the Home Activities in the MA & PA Journal, help each couple to develop the attitudes and skills for successful family formation.

Program materials include:

- 2 easy-to-use Facilitator Manuals
- 20 MA & PA Journals (workbooks)
- Posters (educational aids)
- Forms (confidentiality, evaluation, Certificates of Completion)



Program activities include:

- Becoming a Couple/a Parent
- Roots of Marriage and Parenting
- Family Leadership
- Sharing Power
- Feelings: The Spice of Relationships
- Discipline and Teamwork
- Communication, Resolving Conflicts
- Family Life Schedule
- Family Fun

What graduates are saying about this program:

"This is an excellent, informative class that is an important part of any couple's growth and development in their relationship with each other and their children."

"Terrific course. Would recommend it to anyone."

"Just like learning to calculate numbers – this course should be an absolute must requirement for everyone. Thank you!"

"I like feeling empowered to be a full and nurtured self capable of giving more to my spouse and family."

Mark Perlman, MA, has worked with parents, children, and families, and has provided training to professionals for over thirty years. He is the author of the nationally acclaimed Nurturing Father's Program and A Nurturing Father's Journal. Mark is a Florida Supreme Court Certified Family Mediator. He served on the Florida Commission for Responsible Fatherhood and currently serves on the Commission for Marriage and Family Support Initiatives. Mark is married to Kate McPhillips and they have two grown sons, Jaime and Corey.

3 WAYS TO ORDER

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1-888-390-1119

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Development**
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Sarasota, FL 34237

ORDER FORM

Please select the item, noting the quantity and amount, then phone, fax or mail your order to us.

Qty.	Description	Item Code	Price	Amount
Eng	Span	Complete MArriage and PArenting Program (2 manuals, 20 journals and all materials)	MAPA	\$545
		FOR RE-ORDERS ONLY:		
		MA & PA Journal	MJOU	\$15
		Facilitator Manual	MFAC	\$70
		Confidentiality Agreements Program Evaluation Forms Certificates of Achievement	Pkg. of 20 ea.	MCER \$25
		Posters (set of 12)		
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