



Nurturing Fathers and Marriage & Parenting® Facilitator Training

THREE-DAY FACILITATOR TRAINING

for professionals working in social work, mental health or education that work with men and families!

This three-day specialized workshop teaches the philosophy of nurturing fathering and how to implement and facilitate the Nurturing fathers program, as well as the Marriage & Parenting Program (an offshoot of the NP curriculum designed for couples)! This workshops address hands on skills and experiential exercises to use with both parents, with an emphasis on male nurturing and fatherhood.

Topics include:

- The Roots of Fathering
- Self-Nurturing Skills I: Fathering
- "The Little Boy Within"
- Self-Nurturing Skills II: The Power To Meet My Own Needs
- The World of Feelings and Male Nurture
- The Power To Nurture: Fathering without Violence or Fear
- Overcoming Barriers to Nurturing Fathering: Anger, Alcohol/Other Substances, and Stress
- Discipline and Fun & Games
- Playshop: Fun & Games for Fathers and Their Children
- Nurturing Relationships I: Fathering Sons / Fathering Daughters
- Nurturing Relationships II: Teamwork between Father & Spouse/Co-parent
- A Time and Place for Fathering
- Healing the Father Wound

Marriage & Parenting Day will finish covering some of the leftover topics from Nurturing Fathers and also include

- Becoming A Couple
- Family His-story and Her-story
- Harmonizing Different Needs and Wants in a Family
- Co-Parenting
- The Joys of Being a Couple
- Successfully Juggling Time and Family Life



Jen Moss, MA, MFT

Master Trainer Nurturing Fathers and Marriage & Parenting Programs

National Trainer/Consultant for Nurturing Parenting Programs

ONLINE TRAINING WORKSHOP

9am-4:30pm Central time

*zoom will convert to your time zone accordingly

February 18-20th 2026

May 13-15 2026

August 5-7th 2026

\$400 per participant

BOOKS NOT INCLUDED

(*ADD ADDITIONAL FEE TO INCLUDE BOOKS)

[HTTPS://BIT.LY/NFMAPAPROFESSIONALTRAINING](https://bit.ly/nfmapaprofessionaltraining)

SCAN TO REGISTER

FOR VIRTUAL TRAINING

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